



**It's Your Life...
You Lead!**

The disAbility Resource Center Youth Leadership Team

*Plan your path for the future
Learn how to speak for yourself*

Meet new people

Bring ideas back to your school

Learn how to speak to your Delegates, Senators, and Congressmen

Who: 17-21 year old individuals with disabilities

When: 3 to 5 p.m. Tuesdays during the school year

Where: At the disAbility Resource Center

Transportation: Transportation from school to the dRC can be provided, but a ride home is needed

How to Join: Contact the dRC for an application or more information

Contact Information

The disAbility Resource Center
409 Progress Street
Fredericksburg, VA 22401
Website: www.cildrc.org
Phone: (540) 373-2559
VA Relay: (540) 373-5890
Fax: (540) 373-8126

Team Leaders

Kim Lett, Youth Services and
Transition Specialist
E-Mail: klett@cildrc.org

James Rapp, Youth Mentor
E-Mail: jrapp@cildrc.org

Mission Statement: To empower youth and young adults with disabilities to develop self-advocacy and leadership skills by defining life goals and promoting and participating in community advocacy.

Accommodations, as needed, provided for all dRC activities with a ten day notice.