



## The disAbility Resource Center

409 Progress Street

Fredericksburg, Virginia 22401

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Website: [www.cildrc.org](http://www.cildrc.org)

# A-TEAM (Ability Team):

**Mission Statement:** To advocate for accessibility in our communities that will raise the quality of life for people with disabilities; to work for the removal of barriers, both physical and attitudinal; to build positive relationships within our communities; and to work with the state legislators to bring about changes.

- I. We believe that systems change can give people with disabilities freedom and flexibility to live more productive lives.
- II. We act on our belief that change is not only possible, but inevitable.
- III. We work in our community to unite people with disabilities, and to provide a voice for advocacy.
- IV. We seek people with whom to share our vision and positive change and who want to join the advocacy movement.

The A-Team meets every Friday from 2:00-3:30 PM at the disAbility Resource Center. It is open to all community members who want to get involved and learn how they can make a difference and become effective agents of change. In addition to weekly meetings, there are special activities and trainings which provide opportunities to meet new people and learn more about important issues that affect people with disabilities.



To learn more, please contact: James Rapp ([jrapp@cildrc.org](mailto:jrapp@cildrc.org))  
or Shawn Lawrence ([slawrence@cildrc.org](mailto:slawrence@cildrc.org))

**For all workshops at the disAbility Resource Center, please request accommodations at least ten (10) days prior to event date.**