



The disAbility Resource Center

409 Progress Street, Fredericksburg, Virginia 22401

Phone: 540-373-2559 ▪ Fax: 540-373-8126 ▪ TTY: 540-373-5890 ▪ Toll Free: 800-648-6324

Website: www.cildrc.org

Upcoming Events 2011

Medicaid Waiver Workshop

Learn more about: Home & Community-Based Waivers; Screening & Eligibility

March 25, 9:30-12pm RSVP by March 16, Contact: Tennie Gratz, tgratz@cildrc.org

Address the Stress Workshop (for caretakers & parents)

Learn more about managing your stress and stress-reducing relaxation techniques.

March 26, 10-12am Contact: Tennie Gratz, tgratz@cildrc.org

Beginning Sign Language Class

Learn to Sign! Cost: \$70 (includes: Class Fee & Book) disAbility Resource Center,

March 29–May 3, Tuesdays, 6-8pm Contact: Arva Priola, apriola@cildrc.org

Universal Design workshop

The Virginia Housing Development Authority (VHDA) and the disAbility Resource Center will offer a seminar on the advantages of Universal Design. Cost: \$25.00

April 6, 8:30am-12pm Contact: Shawn Lawrence, slawrence@cildrc.org

Special Needs Planning

Part (2 of 3) of an ongoing training, this workshop provides information on Gov't benefits planning. April 7, 5:30-7pm Contact: Jenny Fain, jfain@cildrc.org

Extended School Year workshop

Learn the in's and out's of extended Special Education and/or related services beyond the regular school year. April 10, 2-3:30pm Contact: Jenny Fain, jfain@cildrc.org

Bullying: Informational workshop

Learn the signs, symptoms, and impact. For: students, parents, educators, counselors and community members. April 12, 6-8:30pm Contact: Jenny Fain, jfain@cildrc.org

Special Needs Planning

Part (3 of 3) last of the 3 part series, this workshop provides information on Life Planning. May 2, 10-11:30am Contact: Jenny Fain, jfain@cildrc.org

For all workshops at the disAbility Resource Center, please request accommodations at least ten (10) days prior to event date.